CIT 40-Hour Course Schedule Sample

]	Monday	Tuesday	Wednesday	Thursday	Friday
	(Date)	(Date)	(Date)	(Date)	(Date)
8:00		DEVELODMENT AT		CITE VICIT	CDICIC
8:00		DEVELOPMENTAL		SITE VISIT	CRISIS INTERVEN-
8:10	WELCOME	DISABILITIES	MOVIE		TION &
				Group A – (Select a	DE- ESCALATION
8:20	REGISTRATION			relevant site.)	
8:30	CITOVERVIEW	(Taught by a mental health professional)	(Select an appro- priate movie.)		(Law enforcement instructor)
		nearan proressionary	priate movie.)	Group B –	History
8:40				(Select a relevant site.)	
8:50	BREAK	BREAK	BREAK	relevant site.)	BREAK
9:00					
9:10	ADVOCATES OVERVIEW	SUBSTANCE ABUSE			
7.10	OVERVIEW	ADUSE		(Site visits	CONNECTING TO YOUR
				facilitated by law enforce-	LOCAL SERVICE
				ment instructors	NETWORKS & MOBILE CRISIS
				and mental	WOBILE CRISIS
9:20				health profes- sionals)	
	(Instructed by a	- I.I			(Taught by a
9:30	NAMI repre- sentative)	(Taught by a mental health professional)			mental health professional)
9:40					/
9:50	BREAK	BREAK	INITIATING		BREAK
10:00			INVOLUNTARY OR VOLUNTARY	SITE VISIT	
			TREATMENT AT	(select a relevant site)	
	MENTAL		MENTAL HEALTH AND	(21	
	ILLNESS	GERIATRICS &	SUBSTANCE	(Site visits facilitated by	
	AMONG CHILDREN &	DEMENTIA	ABUSETREAT- MENT FACILITIES	law enforce-	
	ADOLESCENTS		& HIPAA	ment instructors and mental	
				health profes-	
10:10		***************************************		sionals)	*************
10:20	(Taught by a	(Taught by a			
	mental health	mental health			
10:30	professional)	professional)			DOLERY 1776
10:40 10:50	BREAK	BREAK			ROLE PLAYS
11:00	DICEAR	DICEAR			(Facilitated by
11.10	SYMPTOM	DED GOVERNME		1101	law enforce-
11:10	RECOG. / ACTIVE	PERSONALITY DISORDERS		MOVIE	ment instructors and mental
11:20	LISTENING	3.001.021.0			health profes-
11:30			(Taught by an attorney)	(Select a relevant movie.)	sionals)
11.00	(Taught by a	(Taught by a		-2.0 (4.1.1110 (10.)	
	mental health	mental health			
11:40	professional)	professional)			

 $CIT\ 40 ext{-}Hour\ Course\ Schedule\ Sample$

12:00 -1:00	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH PROVIDED ONSITE
1:00			TRAUMA / PTSD		
1:20		HEARING VOICES	(Taught by a mental health professional)		ROLE PLAYS
1:30 1:40	SUICIDE	(Taught by a mental health professional)			OF CALLS FOR SERVICE BY A CONSUMER
1:50	200		BREAK		(Facilitated by law enforcement instructors and mental health professionals)
2:00	(Taught by a mental health professional)	MH/DD/SA & THE			
2:10		LOCAL ETHNIC POPULATIONS		DE- ESCALATION	BREAK
2:20		(Taught by a mental health professional)		SKILLS	
2:30			MENTAL ILLNESS 101		
2:40		BREAK		(Taught by a law enforce- ment officer)	REVIEW
2:50 3:00	BREAK		(Taught by a mental health professional)		
3:10 3:20					
3:30		CONSUMER PANEL			BREAK
3:40	FAMILY PANEL	DISCUSSION	BREAK		
3:50 4:00 4:10 4:20	DISCUSSION		PSYCHOTROPIC MEDICATIONS		
4:30			(Taught by a mental health professional)		GRADUATION
4:40 4:50	Review/Next	Review/Next Steps		Review/Next Steps	
5:00	Steps				