

CIT 40-Hour Course Schedule Sample

	Monday	Tuesday	Wednesday	Thursday	Friday		
	(Date)	(Date)	(Date)	(Date)	(Date)		
8:00		DEVELOPMENTAL		SITE VISIT	CRISIS INTERVENTION & DE-ESCALATION		
8:10	WELCOME	DISABILITIES	MOVIE	Group A – (Select a relevant site.)	(Law enforcement instructor)		
8:20	REGISTRATION	(Taught by a mental health professional)	(Select an appropriate movie.)				
8:30	CIT OVERVIEW				Group B – (Select a relevant site.)		
8:40							
8:50	BREAK	BREAK	BREAK		BREAK		
9:00							
9:10	ADVOCATES OVERVIEW	SUBSTANCE ABUSE	INITIATING INVOLUNTARY OR VOLUNTARY TREATMENT AT MENTAL HEALTH AND SUBSTANCE ABUSE TREATMENT FACILITIES & HIPAA	(Site visits facilitated by law enforcement instructors and mental health professionals)	CONNECTING TO YOUR LOCAL SERVICE NETWORKS & MOBILE CRISIS		
9:20							
9:30	(Instructed by a NAMI representative)	(Taught by a mental health professional)					(Taught by a mental health professional)
9:40							
9:50	BREAK	BREAK					BREAK
10:00				SITE VISIT (select a relevant site)			
10:10	MENTAL ILLNESS AMONG CHILDREN & ADOLESCENTS	GERIATRICS & DEMENTIA		(Site visits facilitated by law enforcement instructors and mental health professionals)			
10:20							
10:30	(Taught by a mental health professional)	(Taught by a mental health professional)					
10:40					ROLE PLAYS		
10:50	BREAK	BREAK					
11:00					(Facilitated by law enforcement instructors and mental health professionals)		
11:10	SYMPTOM RECOG. / ACTIVE LISTENING	PERSONALITY DISORDERS		MOVIE			
11:20							
11:30			(Taught by an attorney)	(Select a relevant movie.)			
11:40	(Taught by a mental health professional)	(Taught by a mental health professional)					
11:50							

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12:00 -1:00	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH PROVIDED ONSITE
1:00					
1:10			TRAUMA / PTSD		
1:20		HEARING VOICES (Taught by a mental health professional)	(Taught by a mental health professional)		ROLE PLAYS OF CALLS FOR SERVICE BY A CONSUMER
1:30					
1:40	SUICIDE				
1:50			BREAK		(Facilitated by law enforcement instructors and mental health professionals)
2:00	(Taught by a mental health professional)	MH/DD/SA & THE LOCAL ETHNIC POPULATIONS (Taught by a mental health professional)			
2:10				DE- ESCALATION SKILLS	BREAK
2:20					
2:30			MENTAL ILLNESS 101		
2:40		BREAK		(Taught by a law enforce- ment officer)	REVIEW
2:50	BREAK		(Taught by a mental health professional)		
3:00					
3:10					
3:20					
3:30		CONSUMER PANEL DISCUSSION			BREAK
3:40	FAMILY PANEL		BREAK		
3:50	DISCUSSION				
4:00			PSYCHOTROPIC MEDICATIONS		
4:10					
4:20					
4:30			(Taught by a mental health professional)		GRADUATION
4:40	Review/Next Steps	Review/Next Steps		Review/Next Steps	
4:50					
5:00					